

## **COURAGE FOURTH GRADE**

### **Objectives:**

To use literature in teaching students the meaning of courage. To teach students that fears can be overcome by facing them rather than avoiding them.

### **Materials: Book- *Blue Ribbon Day*, by Katie Courie Courage Poster**

### **Activity:**

**1) Introduce yourself to the class and explain that you are the Panther Pride Reader for COURAGE.**

**2) Ask: What is courage?** Children brainstorm definitions. Share the poster and discuss.

Courage is being brave  
Doing the right thing when it is hard.  
We do what we should do even when it is hard.  
We stand up for what we think is right.

We listen to our conscience.

Courage is the ability to face what is difficult or challenging.  
Acting with courage means to overcome fears by facing them rather than avoiding them.

Synonyms include boldness, braveness, spirit, daring, heart, spunk, guts, heroism, determination and certainty. Antonyms include confusion, distrust, doubt, fear, hesitancy and uncertainty.

**3) Introduce *Blue Ribbon Day*, by Katie Courie**

Look at the cover of the book. Ask students to make a prediction. What will this book be about?

**4) Read the book aloud and discuss.**

1. What is it like to try out for something new?
2. How do you think Carrie felt when she did not see her name on the list in the gym? (disappointed, upset, sad)

3. Who showed courage in the story? How do you know? (Carrie. She tried out for soccer and even when she did not make the team she found something else she was good at.)

**Evaluation:**

**5) Ask: Can you think of a time you had to be brave and have courage?** (Listen to students ideas.)

ASCA standards:

A:A1.2 display a positive interest in learning

A:A2.2 Demonstrate how effort and persistence positively affect learning

A:A3.5 Share knowledge

A:B1.1 Demonstrate the motivation to achieve individual potential